

Ari Levine

(They/Them)

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EDUCATION

Master of Arts in Counseling Psychology June 2025

Morgridge College of Education, University of Denver, Denver, CO

- Dean's Scholarship Merit Recipient with Acceptance

Master of Fine Arts in Fiber December 2014

Cranbrook Academy of Art, Bloomfield Hills, MI

Bachelor of Science in Studio Art and Art History May 2012

Skidmore College, Saratoga Springs, NY

SPEAKING ENGAGEMENTS

Midwest Inclusive Care Conference November 2026

Keynote: More Than Allyship: Leveraging Our Power for Change

Consent Weekend September 2026

Informed Consent: Discussion of Edge Play

Mile High Love Fest August 2026

BDSM as Neurodivergent Liberation

Saying Nonhierarchical, Feeling Secondary: How Prescriptive vs. Descriptive Hierarchy Shows Up in Non-Monogamous Relationships

Neurodiversity-Affirming Psychotherapy Training Institute (NAPTI) July 2026

BDSM as Neurodivergent Liberation

American Association of Sexuality Educators, Counselors, and Therapists (AASECT) Annual Conference June 2026

BDSM as Neurodivergent Liberation

THRIVE: BDSM and Mental Health Conference May 2026

BDSM as Neurodivergent Liberation

Counselors for Social Justice (CSJ) 2026 Virtual Conference May 2026

BDSM as Neurodivergent Liberation

CURE: Columbus' Ultimate Relationship Exploration January 2026

BDSM as Neurodivergent Liberation

Informed Consent: Discussion of Edge Play

Midori Patreon Exclusive December 2025

More Than Play: Neurodivergent Liberation as Kink Play

Neurodiversity-Affirming Psychotherapy Training Institute (NAPTI) November 2025
BDSM as Neurodivergent Liberation

Sexual Health Alliance, 2025 Annual Sexological Conference October 2025
BDSM as Neurodivergent Liberation

OHHi Collective, Ruff & Tumble: Big Sky's Kink Conference 2025 October 2025
Informed Consent: Discussion of Edge Play

Pleasure Seekers at Studio Friction May 2025
BDSM as Neurodivergent Liberation

Center on Colfax Workshop May 2025
Neurodiversity 101

SAIGE 2024 Annual Conference: Elevating Advocacy October 2024
D/s, M/s, O/s, TPE...What do all these letters mean?!
BDSM Power-Imbalanced Relationships 101

Collegiate Career Service Association: Colorado & Wyoming Spring 2024 Conference May 2024
Beyond Asking Pronouns:
Fostering Success for Trans & Gender Non-Conforming Students in Career Development

TRANSforming Gender Conference, University of Colorado Boulder March 2024
Mx or Mixing?:
Decolonizing gender in art classes for teachers, kiddos, and the people who love them

2022 Unabashed: Queer Kink Conference October 2022
BDSM Design Thinking: How to Build a Creative Scene

PUBLICATIONS

Levine, A. (2027). Working With Neurodivergent Clients: Designing Instead of Fixing. In D. Constantinides, S. Sennott, & D. Chandler, *Sex Therapy with Erotically Marginalized Clients: Nine Principles of Clinical Support* (2nd ed.). Routledge.

Levine, A. (2028). *BDSM as Neurodivergent Liberation: A Clinical Guide to Supporting Kinky Neurodivergent Clients Beyond Neuronormativity*. Jessica Kingsley Publishers.

VOLUNTEER, ADVISORY, RESEARCH, AND COMMITTEE WORK

Secretary April 2024-August 2026
Neurodivergent Therapists of Colorado Networking Group

Producer June-December 2025
Unabashed: Queer Kink Conference

Neurodivergent Counselor Training Research Project July 2024- Present
Morgridge College of Education, University of Denver, CO

Volunteer Staff September 2023-June 2025

Board Member

August 2022-October 2024

Mountain Pride, Vail Valley, CO

PROFESSIONAL EXPERIENCE

Therapist and Co-Founder

May 2025- Present

Unbound Sex Therapy & Transformative Counseling

- Provides individual counseling, sex therapy, and relationship therapy to primarily neurodivergent, gender-expansive, consensually non-monogamous, and kinky individuals using an integrative eclectic framework guided by a liberatory and person-centered lens
- Develops holistic and comprehensive treatment plans in collaboration with clients to support their unique needs and goals for therapy
- Performs ADHD and Autism assessments using neurodiversity-affirming principles that challenge internalized ableism while providing access to diagnosis to clients who need one to access necessary supports.
- Develops curriculum and leads trainings, presentations, and conversations with the larger community on topics relevant to neurodiversity, non-monogamy, gender-expansive experiences, sexuality, and BDSM
- Writes WPATH letters for clients to access gender-affirming medical care using WPATH standards of care, as well as being mindful of other relevant considerations for insurance and medical providers.
- Writes Medicaid-compliant clinical notes and treatment plans in a timely manner

Mental Health Therapist

May 2025- Present

Serotiny Counseling

- Provides individual counseling to primarily neurodivergent and gender-expansive individuals using an integrative eclectic framework guided by a liberatory and person-centered lens
- Facilitates a counseling group that focuses on psychoeducation, community support, and processing experiences surrounding gender euphoria
- Develops and evaluates holistic and comprehensive treatment plans in collaboration with clients that are Medicaid compliant, while being sensitive to the safety, goals, and needs of clients
- Performs ADHD and Autism assessments using neurodiversity-affirming principles that challenge internalized ableism while providing access to diagnosis to clients who need one to access necessary supports
- Writes WPATH letters for clients to access gender-affirming medical care using WPATH standards of care, as well as being mindful of other relevant considerations for insurance and medical providers
- Attends biweekly individual supervision and monthly clinical meetings to support continued growth as a therapist and provider
- Writes Medicaid-compliant clinical notes and treatment plans in a timely manner

Lead Trainer

April 2024- Present

Neurodiversity-Affirming Psychotherapy Training Institute (NAPTI)

- Leads neurodiversity training for mental health professionals that focuses on the clinical application of neurodiversity-affirming practices and dismantling ableism within the psychological field

- Develops curriculum, such as “BDSM and Neurodivergent Liberation” and an interactive workshop format of our “Neurodiversity 101,” for our training line-up and organization-specific trainings
- Collaborates with the training director to create new training curricula on clinical interventions relevant to sensory neurodivergent clients, such as “Suicide Prevention for Neurodivergent Clients” and “Polyvagal Theory Applied to Neurodivergent Clients.”
- Updates existing curriculum to reflect the newest research and feedback from the mental health community
- Manages website, social media, bookings, and correspondence; collects and shares new research and resources for therapists supporting neurodivergent clients
- Engages in group consultation to better serve neurodivergent clients, and provides education and insight to other counselors working with similar populations

PROFESSIONAL ORGANIZATIONS & LICENSES

Colorado LPCC License

April 14, 2025-December 31, 2027

LPCC.0023202

American Counseling Association (ACA)

January 2024- Present

ID: 6687936, ACSSW Member, CSJ Member

American Association of Sexuality Educators, Counselors and Therapists (AASECT)

August 2024- Present

Member ID: 1485069