

AMANDA JEPSON, LPC, CST-S, ACS, ABS

COMPETENCY HIGHLIGHT

- Trauma Treatment
 - Treatment Planning
 - Sex & Gender Spectrum
 - Arousal & Desire Issues
 - Public Speaking
 - Suicide Assessment
 - Sexual Assault & Abuse
 - Kink & Fetish Aware
 - Guilt & Shame
 - Crisis Situations
 - Military Populations
 - Supervision & Training
 - Combat & Deployment Trauma
 - Body Image & Self-Esteem Issues
 - Nonmonogamy & Diverse Relationships
 - Program Evaluation & Development
 - Problematic Sexual Behaviors
 - Sexual History Gathering
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WORK EXPERIENCE

Adjunct Lecturer, May 2025-Current

Denver Family Institute, Denver, CO

- Teaches the Sex and Intimate Relationships course to those enrolled in a post-degree program.
- Manages course materials including syllabi, lectures, assignments, and resources.
- Evaluates and grades students' class engagement, assignments, and papers.
- Provides clinical knowledge and real-world experience along with the class lectures.

Sex Therapy Supervisor and LPC Supervisor, December 2023-Current

Colorful Life Therapy, Colorado Springs, CO

- Provides supervision to Colorado Licensed Professional Counselor Candidates.
- Leads individual and group sex therapy supervision for individuals pursuing AASECT certification.
- Offers sex-positive and trauma-informed information to my supervisees.

Adjunct Lecturer, August 2022-Current

University of Colorado–Denver, Denver, CO

- Teaches the Introduction to Sex Therapy course to graduate students.
- Prepares course materials including syllabi, lectures, assignments, and handouts.
- Evaluates and grades students' class engagement, assignments, and papers.
- Provides clinical knowledge and real-world experience along with the class lectures.

Co-Founder and Director, December 2019-Current

Respark Foundation, Denver, CO

- Offers training, consultation, and presentations to local therapists and organizations.
- Facilitates the monthly consultation group to process caseload, modality, and clinical questions for all interns and volunteer therapists within the 501(c)(3) non-profit.
- Provides training on best practices and evidence-based interventions to treat trauma.
- Leads trauma therapy supervision and provides oversight for interns located in Colorado.

Contract Therapist, July 2018-Current

Veterans Health and Trauma Clinic, Lyda Hill Institute for Human Resilience, Colorado Springs, CO

- Provides short- and long-term individual and relationship therapy to active duty and veteran military service members and first responders in an outpatient setting.
- Assesses and treats issues related to arousal, orgasm, desire, and sexual interest in clients.
- Utilizes Eye Movement Desensitization and Reprocessing (EMDR), Cognitive Processing Therapy (CPT), and other evidence-based trauma interventions.
- Offers consultation regarding consensual non-monogamy, sex, kink and alt-sex, and sexuality.
- Assists clients recovering from a wide range of traumatic and negative life experiences.
- Works with clients from various racial, sexual, gender, and socioeconomic backgrounds.

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Clinical Program Manager, September 2016 to February 2019

Cedar Springs Hospital, Colorado Springs, CO

- Provided short-term therapy to a wide range of patients including active duty and veteran military service members, as well as to military dependents and civilians.
- Offered sex-positive consultation to psychiatric hospital staff and therapists.
- Utilized EMDR, CPT, and other evidence-based trauma interventions.
- Developed a 6-week, multi-track group curriculum based on evidence-based therapies.
- Trained intern and licensure-candidate therapists on treatment planning, various interventions, diagnostic and conceptualization protocols, and records management.

PRESENTATIONS

Advanced SAR: Working with Kinky Clients *upcoming*

Will explore kink, BDSM, and power exchange through a sex-positive, trauma-informed lens while deepening erotic empathy, challenging bias, and building confidence in working with kinky clients.

Adapting the Sexual Resilience Model for Trauma Survivors *upcoming*

Authentic Connections Therapy and Wellness, November 2026

Will work with sex positive clinicians to identify biases and assumptions, emphasizing clinical curiosity without pathologizing, romanticizing, or imposing personal or professional preferences on clients.

Beyond Kink-Aware: Kink, Bias, & Clinical Curiosity *upcoming*

Sexual Health Alliance Sexological Conference, October 2026

Will work with sex positive clinicians to identify biases and assumptions, emphasizing clinical curiosity without pathologizing, romanticizing, or imposing personal or professional preferences on clients.

Sexology Outsiders: Advanced Clinical Perspectives & Hidden Worlds of Desire

Sexual Health Alliance, September 2026

Discussed nonmonogamy and compersion with clinical insight into developing compersion.

Pleasure Seekers: Autism and Sex

Studio Friction, August 2026

Explored how autism can shape sexuality, intimacy, sensory experiences, communication, and desire.

Cultivating Compersion

Southwest Love Fest, May 2026

Discussed 'compersion' and how to learn to express and experience this 'opposite of jealousy'.

From Margins to Mainstream

Southwest Love Fest, May 2026

Taught trauma-informed approaches to kink and nonmonogamy that foster trust, consent, connection.

Intentional Relationships

UCCS Wellness Center, March 2026

Explored common relationship scripts and taught practical tools for creating intentional relationships aligned with clients' values, needs, and capacities.

EMDR-Informed Care for Sexual Trauma

Sexual Health Alliance, February 2026

Presented how to assess EMDR readiness, build stabilization skills, and effectively support clients throughout the EMDR process for survivors of sexual harm.

From the Shadows: Healing and Empowerment Through Kink

Denver AASECT, October 2025

Will define Shadow Play, how it might for clients, and how clinicians can work with clients to gain awareness, knowledge, skills, and actions to improve their experience and safety.

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The Non-Vanilla Sexceptional Weekend with Midori

Sexual Health Alliance, August 2025

Highlighted ways that kinky interests develop, present skills to support the kinky clients who have experienced trauma, and how to ethically conceptualize kinky clients.

What Therapists Need To Know About Sex and Trauma

APA Annual Conference, August 2025

Discussed addressing sexual concerns in a trauma-informed way and tangible strategies to do so.

Working with Sex Workers

UCCS Wellness Center, June 2025

Presented on how to work with sex workers, dispelled myths, and highlighted clinical skills to use.

From the Shadows: Healing and Empowerment Through Kink

Thrive Online Conference, Pro Track, April 2025

Defined Shadow Play, how clients may engage in it outside of the therapy setting, and how clinicians can work with clients to gain awareness, knowledge, skills, and actions to improve their experience and safety.

Building Sexuality and Sexual Health Curriculum

Sexual Health Alliance, April 2025

Discussed how to build an engaging curriculum including experientials, art, skills application, and valuable sexual health and sexuality information as a university professor.

Reframing Problematic Sexual Behavior: A Holistic Approach to Client Care & Conceptualization

Winter Symposium, January 2025

Presented on how sexual behaviors can cause distress, how to conceptualize the development of these behaviors, and how to treat and address them with clients in a holistic and non-pathologizing way.

Treating Problematic Sexual Behavior

UCCS Wellness Center, November 2024

Discussed how to conceptualize problematic and out-of-control behaviors without pathologizing them.

Pleasure Seekers: Cultivating Compersion

Studio Friction, November 2024

Discussed 'compersion' and how to learn to express and experience this 'opposite of jealousy'.

UCCS Intern Seminar on Nonmonogamy

UCCS Wellness Center, October 2024

Provided information on individuals and couples who are CNM, covering skills and clinical information.

Kinky Trauma Survivors: Practical Understanding and Skills

Unabashed Conference, September 2024

Discuss finding empowerment through negotiation, scene planning, and engaging in kink and sex.

Pleasure Seekers: Pleasure After Trauma

Studio Friction, August 2024

Presented on trauma, its impacts on sex and pleasure, triggers, and led a discussion with the attendees.

Diverse Relationship Structures

UCCS Wellness Center, March 2024

Explained non-monogamy, prevalence, and clinical considerations for working with diverse relationships.

Military Sexual Trauma

University of MN, February 2024

Reviewed the history of military sexual assault and presented unique stressors of military systems.

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Navigating Nonmonogamy in a Digital Society

Securing Sexuality Conference, October 2023

Participants learned about the risks and benefits to CNM individuals as they navigate technology.

From the Shadows: Healing and Empowerment Through Kink

Sexual Health Alliance Sexological Conference, October 2023

Defined Shadow Play, how clients may engage in it outside of the therapy setting, and how clinicians can work with clients to gain awareness, knowledge, skills, and actions to improve their experience and safety.

Sex Positivity in Relational Therapy

EFT Consultation Group, June 2023

Provided information on sex positivity, clinician bias, assessment, and interventions to utilize in therapy.

Dual Control Model of Sexual Response

Veterans Health and Trauma Clinic, April 2023

Taught about sexual desire, models of sexual response, and how to work with clients.

Sex Positivity in Therapy

Veterans Health and Trauma Clinic, October 2022

Provided information on sex positivity, clinician bias, assessment, and interventions to utilize in therapy.

Sex Therapy Skills Didactic

University of Colorado–Colorado Springs, October 2022

Informed doctoral students of sex therapy, foundational perspectives for conceptualizing issues related to sex and intimacy, and basic skills used with individual and relational clients.

Consensual Non-Monogamy: Clinical Considerations

Veterans Health and Trauma Clinic, October 2020

Provided information on non-monogamy, discussed ethical considerations and best-practice framework.

Communication in Kink

Sexual Health Alliance Final Presentation, March 2020

Taught clear and safe communication for kink settings with an emphasis on meeting emotional needs.

Trauma-Informed Sex Therapy

Respark Foundation, February 2020

Defined trauma as well as provided info on treating trauma survivors and sex-positive trauma therapy.

Sex Without Shame

Cedar Springs Hospital Lunch and Learn, February 2020

Spoke on sexual behaviors that cause clients shame, clinician bias, and sexual history gathering.

Suicide Safety

Schriever Air Force Base, April 2019

Provided information on how to identify suicidal ideation in military members and shared positive stories.

PODCASTS AND OTHER MEDIA

Episode 27: Trauma Doesn't Stay Outside the Bedroom

The Sexology Lab, September 2026

Explore how trauma can shape desire, pleasure, touch, attachment, communication, and relational safety.

Season 02, Episode No. 011: Maturity in Men's Sexuality & Intimacy

Good Pain Podcast, April 2026

Had candid conversation about sexuality, intimacy, relationships, sexual trauma, and masculine maturity.

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Episode 283: Don't Let Your Job Ruin Your Sex Life

Sex and Psychology Podcast, April 2024

Joined Dr. Lehmiller to discuss bidirectional relationship between work and sex and how to lessen impact.

Episode 282: Healing And Moving Beyond Sexual Trauma

Sex and Psychology Podcast, April 2024

Joined Dr. Lehmiller to discuss pleasure after trauma and manage triggers if and when they arise.

Sex and Pleasure After Trauma

Midori Patreon Exclusive, February 2024

Joined Midori and her Patreon subscribers to discuss pleasure after trauma, including a Q & A session.

Families, Trauma, and the Holidays

Consent Dojo ft Midori, December 2023

Joined Midori to discuss navigating the holidays and family interactions and identifying when triggered.

PUBLICATIONS

Goerlich, Stefani & Jepson, Amanda & Lennox, Nicole & Frantz, Stephanie & Victor, Bryan.

(2025). "It's Only Fun When I Have Power": A Qualitative Inquiry into the Psychological Impact of the 2024 U.S. Presidential Election on BDSM Practitioners. *Sexuality & Culture*. 1-18.

10.1007/s12119-025-10502-5.

LICENSURE & CERTIFICATIONS

AASECT Certified Sex Therapist Supervisor, Member, 2025-current

American Association of Sexuality Educators, Counselors, and Therapists

CO Licensed Professional Counselor, License #14345, 2018-current

Colorado Office of Regulatory Affairs

AASECT Certified Sex Therapist, Member #1279910, 2021-current

American Association of Sexuality Educators, Counselors, and Therapists

Board Certified Diplomate of Sexology, Member #22233, 2022-current

American Board of Sexologists

Approved Clinical Supervisor, #ACS-4652, 2023-current

Center for Credentialing and Education

AASECT Certified Sex Therapy Supervisor, 2025-current

Center for Credentialing and Education

TRAINING

Advanced Sexual Attitudes Reassessment, February 2025

Sexual Health Alliance

Problematic Sexual Behavior Certification Program, completed 2024

Sexual Health Alliance with Michael Vigarito and Dr. David Ley

Set Sail with SHA: South American Sexuality, December 2023

Sexual Health Alliance

Berlin Study Abroad, May 2023

Sexual Health Alliance with Dr. Justin Lehmiller

Reframing Faith After Trauma, January 2023

Strong Star

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Advanced Sexual Attitudes Reassessment, December 2022

Sexual Health Alliance

Addressing Sexual Dysfunction with CPT, August 2022

Strong Star

Approved Clinical Supervisor I, II, & III Training, April, May, & June 2021

Noeticus Counseling Center

EMDR & Telehealth, March 2020

Rebecca Kase

Sex Therapy Certification Program, completed 2020

Sexual Health Alliance

Polyamory, Swinging, the Ethics of Unicorn Hunting, and Other Adventures in Open Relationships Training, November 2019

Sexual Health Alliance with Dr. Elisabeth Sheff

Monogamish and Consensual Non-Monogamy Training, November 2019

Sexual Health Alliance with Dr. David Ley and Dr. Elisabeth Sheff

Mile High Sexual Attitude Reassessment, August 2019

Sexual Health Alliance with Dr. David Ley

DID and Non-DID Dissociation Training, January 2019

EMDR Center of the Pikes Peak Region

Assessing and Managing Suicide Risk Training, April 2018

Universal Health Services

Cognitive Processing Therapy Training, March 2018

Strong Star

Treating Positive Emotions Linked to Addictions (EMDR for Addictions) Training, January 2018

John Hartung for EMDRIA

Eye Movement Desensitization and Reprocessing (EMDR) Training, 2017

John Hartung for EMDRIA

VOLUNTEER EXPERIENCE

Crisis Counselor, August 2016 to August 2017

Crisis Text Line

Guardian ad Litem, May 2008 to May 2013

Ramsey County, 2nd Judicial District, St. Paul, MN

EDUCATION

Master of Arts, Clinical Psychology, 2011

Argosy University, Eagan, Minnesota

Bachelor of Arts, Psychology, 2007

University of Minnesota, Minneapolis, Minnesota